



Margaret Mae Trainor

October 13, 1957 - July 19, 2025

Margaret Mae (Gahrman) Trainor, passed away unexpectedly on July 19, 2025 in Inverness, Florida at the age of 67.

Margaret, also known as Maggie, was born on October 13, 1957 to her parents August and Shirley Gahrman in East Hampton, CT, where she attended East Hampton High School and graduated in 1975.

In 1978, Margaret married the love of her life, J. Michael Trainor, with whom she shared three children: James, Michael (Stacey Dunn) and Kathleen "Katie"(John Barber).

Margaret worked at Arrowhead Printing for many years, where she was known for her work ethic and friendly demeanor. She had a passion for crafts, cooking, and cruising, always seeking out new adventures and experiences. She will be dearly missed by all who knew her, including her two beloved grandchildren Ryan and Emily Trainor as well as her dog Rocky.

Survived by her Brother Bob, Sisters Linda, Joanne, Cheryl and Sharon.

Predeceased by her brothers Edward and George Gahrman, nephew Billy Pollard and her parents.

Maggie, May your crafts be forever flawless, your meals forever delicious, and your journeys forever exciting.

The family will announce memorial service details at a later time.

Tribute Wall

AO

“ *Andrea Oat lit a candle in memory of Margaret Mae Trainor*



Andrea Oat - July 23, 2025 at 01:52 PM

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“ *My dear Maggie forever in my heart .. 30+ years of adventures were not enough.. our families sharing holidays, yummy dinners, laughs, tears, secrets, theater, cruises and just about everything inbetween .. my heart is broken knowing you will not be walking by my side until we meet in heaven. love ya!*

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Andrea Oat - July 23, 2025 at 01:50 PM